smooth food

PIÑA COLADA FOAM

with rum



Preparation:

Mix all the ingredients together and stir in the SPUMA instant. Pour the mixture into a 0.5 I cream whipper and shake well. Foam up with 1-2 chargers. Leave to stand for 5-10 minutes then the foam is ready to eat.

Kitchen tips:

Best enjoyed ice-cold.

Recommendation:

The recipe is especially suitable for whipping in a food processor with a whisk when larger quantities are needed. Simply whip the mixture for approx. 15 minutes then portion into dessert glasses.

* 1 measuring spoon = 4 g

Nutrition facts per 100 g	
Energy/ Calories	589 kJ/ 141 kcal
Fat Of which saturates	9.2 g 5.5 g
Carbohydrates Of which sugars	7.7 g 7.7 g
Fibre	1.0 g
Protein	0.9 g
Salt	< 0.1 g

