

## BASIC RECIPE FOR FRUIT JUICE FOAM using the example of cherry

### Preparation:

Measure out the juice and pour into a 0.5 l cream whipper. Add the SPUMA instant, close the whipper and shake well. Foam up with 1-2 chargers. Shake again and leave to stand for 5-10 minutes then spray into a glass. Refrigerate if required.

### Recommendation:

The recipe is especially suitable for whipping in a food processor with a whisk when larger quantities are needed. Simply whip the mixture for approx. 15 minutes then portion into dessert glasses.

### Variations:

Substitute the same quantity of cherry juice with another fruit juice, e.g. pineapple juice, banana juice, orange juice, redcurrant juice, tomato juice, etc.

### Ingredients Basic Recipe

500 ml	Cherry juice
8 g*	SPUMA instant

\* 1 measuring spoon = 4 g



Serviervorschlag

### Nutrition facts per 100 g

Energy/ Calories	196 kJ/ 47 kcal
Fat Of which saturates	0.9 g < 0.1 g
Carbohydrates Of which sugars	10.8 g 10.3 g
Fibre	1.0 g
Protein	1.0 g
Salt	< 0.1 g